

Meal Deals. Just another way retailers smuggle sugar into your diet.

Meal Deals can contain up to 30 teaspoons of sugar. It's time to stop the food and drink industry from profiting at the expense of the nation's health.



www.actionsugar.org @actiononsugar



SUGAR AWARENESS WEEK 30TH OCTOBER - 5TH NOVEMBER 2017

Join the conversation #sugarawarenessweek #whatisthedea